



Physical Education (PE) Springfield Infant School and Nursery

Intent

At Springfield, we have designed and follow a creative curriculum. We feel that this provides the opportunity to celebrate individuality and creativity in all of our children. At Springfield, we truly believe in the benefits that sports and physical activities can have on our children. We feel that PE is ideally placed to support children's all-round development. As well as developing physical skills, PE teaches children intellectual skills, helps their mental health and well-being, and nurtures their emotional development. We promote a positive relationship with physical activity for life, through the development of fundamental skills. We highlight the importance of having a healthy life style associating this with our wellbeing, happiness and welfare. In line with our own values we use the 'Active4kids' programme of study. Active4kids is a scheme of work that enables educators to plan and deliver high quality lessons. This ensures that we develop our children's physical, cognitive, social and emotional success' in all areas of Physical Education.

Our Springfield 'I CAN' values are embedded in our PE curriculum. At Springfield PE has a pivotal role of enabling **inclusivity** with all children taking part in sport and physical education, children's physical education being **nurtured**, being **creative** and having the chance to challenge themselves and be **ambitious** and reaching new goals in their physical education. The skills children acquire in PE are a means of supporting their learning in a range of ways, and can be transferred to other areas of the curriculum.

Implementation

At Springfield, we understand the importance of using the correct terminology and language to support our children's learning. Therefore, key vocabulary, which the children need to use and understand will be featured on knowledge organisers as well as on display in the classroom for learners to access at all times. Our planning documents, also identify the vocabulary that needs to be taught to and used by our children in order for them to succeed with their learning.

In the Reception, PE is taught through Dance, Gymnastics, Ball skills and competitive games. In Key Stage One children continue to build on these skills, whilst introducing team building and health and wellbeing, developing and applying these skills into games and activities. Our PE curriculum, with the support of Active4kids, is planned to cover the progression of skills, knowledge and coverage from Development Matters /Birth to Five for the EYFS and The National Curriculum for Key Stage One. Our PE curriculum has been developed with cross curricular links in mind and to match year group termly topics, where possible. The curriculum is planned and structured so that, with each year group's focus building on skills and concepts previously introduced and explored. Our progression of skills documents, map these out with rigour, so that we can ensure our children are always making progress with their PE knowledge, understanding and skills.

The Active4kids lessons have a clear and progressive sequences of lessons, which enable learners to develop and progress with their PE understanding, knowledge and skills. Every lesson PE lesson at Springfield provides challenge to all learners, however teachers can adapt lessons too, to meet the needs of specific pupils. Every lesson has a learning

objective and clear success criteria so that teachers can make logical and informed assessments about pupil progress and can direct the pupils about their next steps.

Throughout our PE lessons children at Springfield develop skills in balance, coordination and agility. We feel it is essential that every child learns how to compete and develop key skills associated with competition. Our children will compete against themselves aiming to improve performance. They will carry out indirect competitions with an opponent and direct competitions against opponents with varying degrees of social and physical interaction, as well as taking part in intra-school competitions and sports day in key stages.

At Springfield, we are proud to be a part of the WSSA (Worthing Schools Sports Association.) This provides our children with a variety of sporting opportunities. It enables our children to experience and participate a range of sports and sporting competitions. In addition to this, being part of the WSSA, provides our children with the opportunity to take part in competitions and sport groups across their school locality. We also take part in WSSA SEND events, where our children have taken part in Boccia and curling competitions. We believe that our PE curriculum highlights our core value of **inclusivity**. In addition to this, as part of the teachers and teaching assistants CPD, we have training from leaders at WSSA to support our PE practise in lessons and with games that can be implemented at playtime.

At Springfield, we work closely with Albion in the Community. This is the official charity of Brighton & Hove Albion, who help people to get active, learn new skills, and live well throughout Sussex. Children in Year 2 receive a weekly lesson from a specialised sports coach to work on their fundamental skills of agility, balance and coordination. In addition to this, the children receive weekly yoga sessions from a specialised teacher. Again, not only does this develop and support the progress in the children's balance, coordination but it also works on their concentration and focus as well as having many positive benefits on the children's mental health and well-being.

Impact

By the end of Key Stage One, the children at Springfield have a real enthusiasm for PE. They develop their fundamental skills of **agility, balance and coordination**. They will be confident to apply their physical skills independently or cooperatively with others in a creative or competitive manner. They will understand the importance of a healthy life style and actively make choices to implement their understanding. The children will aspire to achieve their best in sport, with an ambitious attitude that fosters a positive wellbeing.